**MENTAL HEALTH MONTH OCTOBER 07 – 28, 2012**

***“Depression: A Global Crisis”***

**ACTIVITIES**

**SUNDAY 7** **Church Service** – St. Stephen’s Anglican Church,

Black Rock, St. Michael @ 8:30 a.m.

**WEDNESDAY 10** **World Mental Health Day –** Mornin’ Barbados,

CBC TV Channel 8

**FRIDAY 12** **Panel Discussion “Depression Can Affect Anyone”** –

Queen’s Park Steel Shed @ 7:30 p.m.

**SATURDAY 13** **Health Fair** – Heroes Square from 8:30 a.m. to 4:30 p.m.

**MONDAY 15 Presentation on “Depression”** – Gall Hill Polyclinic

 @ 9:00 a.m.

**WEDNESDAY 17** **Mental Health Symposium “Depression in Children”** –

 Pan American Health Organization (PAHO) @ 9:00 a.m.

 (Selected schools by invitation only)

**THURSDAY 18** “**Depression in the Community”:** A Psychological Discussion by theBarbados Psychological Association - Barbados Community College Auditorium @6:00 p.m.

**WEDNESDAY** **24** **Sports Day** – Psychiatric Hospital Grounds @ 10:00 a.m.

**THURSDAY 25** “**Depression in Men”** Presentation by Sean Pilgrim - Edgar Cochrane Polyclinic @ 6:30 p.m.

**FRIDAY 26** **Staff Appreciation Day** – Psychiatric Hospital @ 10:30 a.m.

**SUNDAY 28** **Staff Hike** @ 6:00 a.m.

**SUNDAY 28 Patients’ Concert** at 4:00 p.m. (Staff, patients and their families only)

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